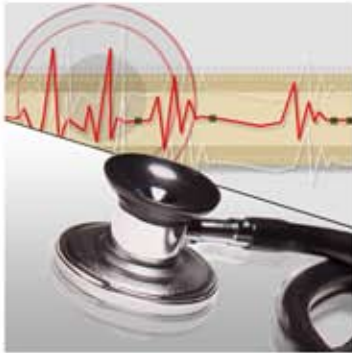


Health Care Expense Account

Sample Expenses



Medical Expenses

Acupuncture
Addiction Programs and Non-Drug Products
Adoption (Medical expenses for baby birth)
Alternative Healer Fees
Ambulance
Artificial Limbs
Body Scans
Care for Mentally Handicapped
Chiropractor
Non-Oral Contraceptives
Co-Payments
Crutches
Diabetes (i.e. Insulin, Glucose Monitor)
Eye Patches
Fertility Treatment
First Aid (i.e. Bandages, Gauze)
Hearing Aids & Batteries
Hypnosis (for treatment of illness)
Incontinence Products (i.e. Depends, Serene)
Joint Support Bandages and Hosiery
Lab Fees
Monitoring Device (Blood Pressure, Cholesterol)
Physical Exams
Pregnancy tests
Prescription Drugs
Psychiatrist/Psychologist (for mental illness)
Physical Therapy
Speech Therapy
Vaccinations
Vaporizers or Humidifiers
Weight Loss Program Fees (with doctor's note)
Wheelchair



Dental Expenses

Artificial Teeth
Co-Payments
Deductible
Dental Work
Dentures
Orthodontia Expenses
Preventive Care at Dentist Office
Bridges, Crowns, Etc.



Vision Expenses

Braille - Books & Magazines
Contact Lenses
Contact Lens Solutions
Eye Exams
Eye Glasses
Laser Surgery
Office Fees
Guide Dog and its upkeep or other animal aid

For Additional Information, visit www.nbsbenefits.com

Health care expenses that do not qualify as a federal income tax deduction under IRS code Section 213 do not qualify for payment through your spending account. The following list includes many of the common expenses that generally do not qualify for reimbursement.

*These expenses may be eligible if they are prescribed by a physician
(If medically necessary for a specific condition)*

Personal Hygiene (i.e. deodorant, soap, body powder, shaving cream, sanitary products, etc.)	Motion Sickness Medication
Allergy Relief (Oral Medications, Nasal Spray)	Nutritional and dietary supplements (i.e. bars, milkshakes, power drinks, Pedialyte)
Antacids and Heartburn relief	Skin Care (i.e. sun block, moisturizing lotion, lip balm)
Anti-itch and Hydrocortisone Creams	Sleep aids (i.e. oral medications, snoring strips)
Athlete's Foot Treatment	Stomach & Digestive Relief (i.e. Pepto-Bismol, Imodium, etc)
Cold Medicines (i.e. Syrups, Drops, Tablets)	Tooth and mouth pain relief (Orajel, Anbesol)
Cosmetic Surgery	Vitamins
Cosmetics (i.e. makeup, lipstick, cotton swabs, cotton balls, baby oil)	Weight reduction aids (i.e. Slimfast, appetite suppressants)
Counseling (i.e. marriage and family counseling)	
Dental care - Routine (i.e. toothpaste, toothbrushes, dental floss, anti-bacterial mouthwashes, fluoride rinses, breath strips, teeth whitening/bleaching, etc.)	
Exercise Equipment	
Fever & Pain Reducers (i.e. Aspirin, Tylenol)	
Hair Care (i.e. hair color, shampoo, conditioner, brushes, hair loss products)	
Health Club or Fitness Program Fees	
Homeopathic Supplements or Herbs	
Household or Domestic Help	
Laser hair removal	
Laxatives	
Massage Therapy	